

# **Don't Cancel Class**

Plan to be out-of-town for a conference or meeting? Consider having our career and strengths teams come to your class! With one-month notice, our staff can work with you to offer one or more of the following presentations for your classroom. For more information call the Career Center at 563-387-1025.

## **What Can I Do With This Major?**

*Time: 20-40 minutes*

Targeted toward first years and sophomores, students will use online tools to explore a wide range of career options in their field of study.

## **The MBTI--What's Your Type?**

*Time: 60-90 minutes*

The Myers-Briggs Type Indicator (MBTI) is a trusted and widely used assessment for understanding individual differences and uncovering new ways to work and interact with others. This session can address teamwork, communication, decision making and career exploration. This session will require students to complete the MBTI assessment a minimum of two weeks before the in-class discussion/presentation.

## **Use Strengths to Enhance Group Projects**

*Time: 60-90 minutes, can be divided into two class periods*

Working in a group environment is a learned skill, and we would love to use strengths to help students get started on the right foot! Have our team use strengths profiles to create effective student groupings. Once groups are announced, our team can facilitate a workshop to help the groups bring out the best in one another and increase productivity.

## **Use Strengths to Enhance Classroom Engagement**

*Time: 60 minutes*

Have our strengths team visit your class and share how you and your students can leverage your innate talents to enhance discussion, learn new material, and find an individualized model toward success. We'll give you the tools to make the applications and increase engagement.

## **Building a Powerful Resume & Cover Letter**

*Time: 25-45 minutes*

The goal of a resume is to earn the applicant an interview. Basics for writing an effective resume (25 minutes) and cover letter (20) will be covered.

## **Locating an Internship**

*Time: 10-40 minutes*

Students will learn the options involved and paperwork required for establishing a "for-credit" internship for your department (10 minutes). The remainder of the presentation helps students learn the basic search strategies for any internship that would relate to their career field and/or interest (20 minutes). Students will also learn about internship opportunities with alumni and funding available to help support these opportunities (10 minutes).

## **Acing the Interview**

*Time: 30-45 minutes*

Students will learn how to prepare for different types of interviews and practice interviewing with peers.