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User Name - printed

**CHALLENGE COURSE/CLIMBING WALL  
APPLICANT INFORMATION FORM AND RELEASE OF LIABILITY**

The Luther College Challenge Course/Climbing Wall involves a variety of activities that often include warm-ups, games, group initiative problems, trust experiences, low and high elements, and other rigorous physical adventure activities. Participation in a Luther program and its activities is at all times an individual choice. There are risks, which must be assumed by each participant, that he or she may suffer an emotional or physical injury or disability.

The Luther College Challenge Course/Climbing Wall policy requires that every participant have health/accident insurance coverage. Furthermore, certain health/medical information must be made known to the instructor(s) so that they are prepared to help participants make informed choices about their level of participation during a Luther College Challenge Course/Climbing Wall program.

The following information will be held in confidence. Please sign and return to a Challenge Course/Climbing Wall staff member.

Date(s) of Workshop(s) (Challenge Course only) \_\_\_\_\_

**RELEASE OF LIABILITY:**

I understand that parts of the Luther College Challenge Course/Climbing Wall program may be very physically and emotionally demanding. I affirm that my health is good, and that I am under a physician's care for any undisclosed condition that bears upon my fitness to participate in any activities presented by the Luther College Challenge Course/Climbing Wall program. I recognize the inherent risk of injury or disability while participating in the Luther College activities. I understand that each participant must assume the risk of physical injury that could result from any of these activities. I release Luther College, the Challenge Course/Climbing Wall staff members, their agents, owners, officers, volunteers, and participants from all liability for any injury or disability that may occur while participating.

Date: \_\_\_\_\_ Applicant's Signature (18 and older): \_\_\_\_\_

Name PRINTED: \_\_\_\_\_

Date: \_\_\_\_\_ Parent or Guardian Signature (if under 18): \_\_\_\_\_

Please Print Applicants Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Home Telephone #: \_\_\_\_\_ Business #: \_\_\_\_\_

Person to contact in case of an emergency: \_\_\_\_\_

Emergency Phone #: \_\_\_\_\_

**APPLICANT INFORMATION:**

1. Name:

\_\_\_\_\_

Gender: \_\_\_M \_\_\_F

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

2. Do you have any health/accident insurance? \_\_\_no \_\_\_yes if yes, name, and address of company:

\_\_\_\_\_

**MEDICAL INFORMATION:**

**NOTE: In the interest of trying to provide a successful experience for all participants we ask that you take the time to answer the following questions. This information will be kept in confidence by Luther College and only shared with your permission**

3. Do you have any limiting physical or health disabilities (temporary or permanent)? \_\_\_no \_\_\_yes if yes identify and explain:

\_\_\_\_\_

4. Are you currently taking medication (prescribed or otherwise, e.g. cold medicine)? \_\_\_no \_\_\_yes if yes, what are you taking, and what condition is it for:

\_\_\_\_\_

5. Do you have any allergies, reactions to medications, or any other medical limitations? \_\_\_no\_\_\_ yes if yes, identify and explain:

\_\_\_\_\_

6. Do you have any of the following symptoms/conditions? Circle yes or no and describe below.

- A. Do you have any history of heart disease, or heart attack? yes/no
- B. Do you have high blood pressure or any history of high blood pressure? yes/no
- C. Do you have any chest pains/pressure heart palpitations, heart murmurs? yes/no
- D. Have you ever had a stroke? yes/no
- E. Do you have diabetes? yes/no

7. If you circled "yes" to any of the above questions (letters A-E), identify the condition and describe below:

Concern: \_\_\_\_\_

Detailed Description: \_\_\_\_\_

\_\_\_\_\_

Concern: \_\_\_\_\_

Detailed Description: \_\_\_\_\_

\_\_\_\_\_

Concern: \_\_\_\_\_

Detailed Description: \_\_\_\_\_

8. Other concerns/issues: \_\_\_\_\_

**PHOTO/MEDIA RELEASE**

Sign if you **DO NOT** grant to Luther College the right to use, reproduce, assign and/or distribute photographs, films, videotapes, and sound recordings of myself for use in materials they may create.

Signature (if at least 18 yrs. old): \_\_\_\_\_

Signature of Parent or Guardian (if under 18): \_\_\_\_\_